## **Communication with Students**

- 1. Know something about each student
- 2. Demonstrate kindness and compassion
- 3. Bring interests into content and personalize learning activities
- 4. Use humor when appropriate
- 5. Consistently enforce positive and negative consequences
- 6. Monitor thoughts and emotions
- 7. Demeanor in class should avoid all extremes
  - a. Pointing finger or shaking fist
  - b. Raising tone of voice
  - c. Glaring or staring
  - d. Hovering
  - e. Ridiculing or shaming

## ~Inspirational Quotes~

 $"Compassion is the keen awareness of the interdependence of all things." \verb|~Thomas Merton||$ 

"We don't set out to save the world; we set out to wonder how other people are doing and to reflect on how our actions affect other people's hearts." ~Pema Chodron

"To reignite creativity, innovation and learning, leaders must rehumanize education and work." ~Brene Brown

"Shame can only rise so far in any system before people disengage to protect themselves. When we're disengaged, we don't show up, we don't contribute and we stop caring." ~Brene Brown

"Punishment stops behavior, but only reinforcement changes behavior". ~Dr. William Jenson

"A failure is not always a mistake; it may simply be the best one can do under the circumstances. The real mistake is to stop trying". ~B.F. Skinner

And remember ...

'Where attention goes, behavior grows. Only give attention to the behavior you want to see more of." ~Melisa Genaux

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