My Contract

Name: _____

Date: _____

These are my goals:

1. _____
_____

2. _____
_____

3. _____
_____

These are my consequences if I don't meet my goals:

_____
_____
_____
_____

These are my rewards/reinforcers if I meet my goals:

_____
_____
_____
_____

My contract will be reviewed on_____

Signatures:

_____

_____

_____