



# Get Your Teen or Adult with Special Needs Ready for Transition!



**Family to Family Network  
Monthly Meetings**  
**October 23, 2014 to April 16, 2015**  
**7:00 – 8:30 PM**

**Location:**  
South Valley School  
Jordan School District  
8400 S. Redwood Road  
West Jordan, UT

The following is the proposed schedule for this Monthly Transition to Adult Life Mini-Conference (see the next page for more detailed descriptions).  
There is no cost to attend, but pre-registration is requested.

Date	Workshop Title	Online Registration Link
October 23, 2014	Plan for the Future: Employment and Post-Secondary Education	<a href="http://conta.cc/1rr74jd">http://conta.cc/1rr74jd</a>
November 20, 2014	Adult Services	<a href="http://conta.cc/1v4XiJL">http://conta.cc/1v4XiJL</a>
January 15, 2015	Transition Panel and Q&A with Agency Representatives	<a href="http://conta.cc/1v4YPzs">http://conta.cc/1v4YPzs</a>
February 19, 2015	Journey to Adulthood: Teaching Your Student About Puberty and Sexuality	<a href="http://conta.cc/1voiMTg">http://conta.cc/1voiMTg</a>
March 19, 2015	Healthy Transitions	<a href="http://conta.cc/1yvRfRb">http://conta.cc/1yvRfRb</a>
April 16, 2015	Preparing Special Needs Students for College and Other Options	<a href="http://conta.cc/1v53nFV">http://conta.cc/1v53nFV</a>

## Workshop/Class Descriptions

<b>October 23, 2014</b>	<b>Plan for the Future: Employment and Post-Secondary Education</b>  This workshop will help parents to understand vocational rehabilitation programs and services including how VR can be involved in the IEP; supported employment provided by the Division of Services for People with Disabilities; and how to access college/ university support services.
<b>November 20, 2014</b>	<b>Adult Services</b>  In this workshop the presenter will review the different agencies in the State of Utah that provide services for people with disabilities. You might be surprised with what is available!
<b>January 15, 2015</b>	<b>Transition Panel and Q&amp;A with Agency Representatives</b>  Do you know about the many key services that can help a student with a disability as he/she transitions into adulthood? What services are provided by an agency and how does your student qualify? Come listen to the experts, the individuals who actually provide the services!
<b>February 19, 2015</b>	<b>Journey to Adulthood: Teaching Your Student About Puberty and Sexuality</b>  Come learn how to teach your student with disabilities about puberty and sexuality. Parents will receive ideas, tips handouts and tools to start these important discussions with their children.
<b>March 19, 2015</b>	<b>Healthy Transitions</b>  Since health affects all aspects of life: information, resources and tools will be provided to help families of youth with special health care needs (all of our young adults!) and disabilities prepare for the transition from pediatric to adult health care including the service and funding systems.
<b>April 16, 2015</b>	<b>Preparing Special Needs Students for College and Other Options</b>  Students with disabilities want to have the same experiences as their non-disabled peers. Campus Clubs is a program that focuses on young adults with significant disabilities. Aggies Elevated at USU allows individuals with intellectual disabilities to participate in the traditional college experience. Other students who have had IEPs or Section 504 plans are able to enroll in colleges or universities and just need some accommodations to succeed. Come learn about the resources available!

Trainings will be provided by staff of the COURIER Project of the Utah Parent Center. COURIER is a partnership between the Utah Parent Center, Utah State Office of Rehabilitation, and Utah State Office of Education. For more information about the Utah Parent Center and resources available visit [www.utahparentcenter.org](http://www.utahparentcenter.org)