

Social Skills With Teens

Social Skills Group with Teens
 13 participants, Age 12-15
 9 boys and 4 girls, 1 peer model "that rocked!"
The need
 Consider *who* as well as *how*
Value of integration
 Modeling for participants and leadership skills for peer model
Everyone benefited from the curriculum, including the graduate students

UCLA PEERS
 The Program for the Education and Enrichment of Relational Skills




Concept	Application
"Buzz words" focused on simple vocabulary to teach a social concept. Mini-lessons each week to cover a social skills topic. Included several buzzwords.	Homework assignments to practice skills (discuss with parents, in group call, out of group call, host a get together.) A safe and rich environment to practice skills. We had so much fun!

The Experience

Story of Ben helping Chris
 Caring came from increased social skills and subsequent self-confidence

Unique experiences
 Some participants needed to learn concepts
 Others knew some concepts, but lacked the environment to practice them.


Shining a light
 Lesson format helped kids engage in ways they couldn't before (social cues, etc.)


Stack the Deck

Overlapping interventions.
 A fun way to maintain structure and help students self-manage.
 Can be applied in a variety of settings.

Stack the deck is a great way to help students work on social skills in other instructional settings.



Let's try it





Parent Group

THE SPARK	I HATE THE TERM "HIGH FUNCTIONING"	CONFLICTS AND BULLYING
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